

Think about how you can be kind to others.

How can we build a more thoughtful world?

Practice being grateful.

Think of the things you can be grateful for today. Share them in your group.

Finish the sentence:



I appreciate .....

I hope .....

I care about .....

I love .....



Share your adventure #YSPFamily

Sign up to the YSP Family newsletter at [ysp.org.uk](http://ysp.org.uk)

Illustrated characters by Soofiya.  
YSP is an accredited registered charity 1067908.

### Think about what makes you who you are

- When do you like to be...  
In a big open space? In a city? Dreaming in your own imagination?
- Think about how you express who you are.  
Is it in the clothes you wear, or don't wear?  
Is it in the music you listen to or the things you read?
- Design a sculpture that tells us something special about you.
- Imagine you meet yourself in ten years' time, what would you like to remember?  
Ask your grown-up, what would they tell their younger self?



### Make your own family sculpture out of natural materials

- Collect natural materials. Pick up things that have fallen from trees and plants. Only take materials that are no longer living.
- Challenge yourself to find materials with different textures:
  - A velvety feather
  - A twisted twig
  - A smooth stone
- Make a sculpture that celebrates the love in your family. Balance, stack and arrange.
- Take a photo of your sculpture and give it a joyful title. Share with us using #YSPFamily
- Imagine that you could make your sculpture out of something that would last forever. What material would you choose? Why?
- Imagine that you make your sculpture out of something that only lasts for a week. What would you choose? Why?



Seek out other sculptures at YSP that make you think about families. How does discovering other stories help us connect to people?



# Summer of Love



Take time to think about Love, Kindness and Belonging.



## Contents

**Sketchbook** – to capture your memories.

**Pencil** – to make your marks.

**Card** – roll up your card. Use your tube to say something kind to someone in your group.

**Frame** – use to find scenes you love. Feature sculptures, nature, friends and family.



Dream

Be

Draw

Imagine

Question

## Explore YSP

Every sculpture in the park is different. Each has its own personality and story to tell. Just like us.

### Seek out sculpture:

- That makes you feel joyful. Move your body in a joyful way.
- That makes you feel proud. Draw or write about what gives you pride. Think about how you are proud of others.

### Find a calming space. Shut your eyes and notice how you feel.

- What can you hear?
- When does your mind drift?
- What helps you feel calm?
- Take a deep breath.

Seek out a sculpture that you are unsure about. Do you think we have to know everything about something to understand it? How can we find out more?



## Make your own map

You are here today. Tomorrow you might be in a different mood and want to do different things. Make a map of today's memories.

Imagine yourself as an island, with all the places you have been to.

### Include:

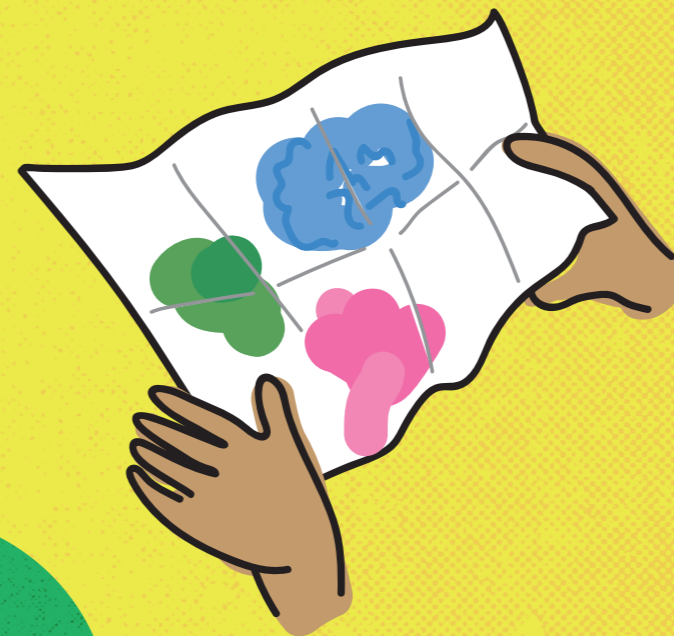
- Something that makes you happy.
- Something that surprises you.
- Something that feels powerful.
- Something that makes you feel at home.
- Something you want to find out more about.



### What makes us human?

Using all your senses, add your thoughts to your map with words and pictures.

Celebrate who you are. Add colour and collage at home.



## How we communicate is important. Words have power.

Deaf people communicate using sign language.

This is the sign for love.

Martin is a deaf art loving architect who leads British Sign Language walks around YSP.



Illustration by Martin Glover

Think about how we can express love in our words and through our actions.

### What does love mean to you?

- Draw a picture or write a poem full of love.